

<div> <div>GREYSTAR™</div> <div> 55+ </div> </div> <div>March 2024</div>						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY
<div> </div> <div>WOMEN'S HISTORY MONTH</div>	ALL PROGRAMS SUBJECT TO CHANGE!	<div> <div>Location Keys</div> <div>Clubhouse: CH</div> <div>Group Fitness: GF</div> <div>Pool/Patio: P</div> <div>Art Room: AR</div> <div>Theater: T</div> </div>	MDA SHAMROCK FOR A CAUSE		<div>01</div> <div>11:00AM - Tai Chi (GF)</div> <div>1:30PM - Mahjong</div> <div>2:00PM - Movie Matinee:</div> <div>80 for Brady</div>	<div>02</div> <div>3:00PM-BINGO (CH)</div>
<div>03</div> <div>The community room is open for games & resident Activities!</div> <div>6:00PM - Bridge Classes with Harry Alferink</div>	<div>04</div> <div>10:00AM - Chair Yoga (GF)</div> <div>11:15AM- Strength and Balance (GF)</div> <div>12:00PM-3PM - Mahjong</div> <div>2:00PM- Hand and Foot</div> <div>3:00PM - 9to5: The Story of a Movement</div> <div>4:00PM - Puzzle Group</div> <div>6:30PM- Mexican Train</div>	<div>05</div> <div>2:00PM- Hand and Foot</div> <div>2:00PM - Multiple Games</div> <div>2:30PM - Spirituality Study</div> <div>4:00PM - Cooking With Nikki</div> <div>6:00PM - Bridge</div> <div>National Oreo Cookie Day</div>	<div>06</div> <div>10:00AM - Chair Yoga (GF)</div> <div>11:15 AM - Strength and Balance(GF)</div> <div>2:00PM- History talk with Dean</div> <div>4:00PM - Puzzle Group</div> <div>4:00 PM- ART ON WHEELS: Paper Mache Baskets</div>	<div>07</div> <div>10:00AM - Chair Yoga</div> <div>11:15AM - Beginners Strength and Balance</div> <div>12:30PM -Good Life Seminar</div> <div>1:00PM- 3:00PM - Mahjong Beginners</div> <div>4:00PM-6:00PM-Thirsty Thursday</div>	<div>08</div> <div>11:00AM - Tai Chi (GF)</div> <div>1:30PM - Mahjong</div> <div>2:00PM - Movie Matinee: Book Club</div>	<div>09</div> <div>2:00PM-BINGO (CH)</div> <div>4:00PM- karaoke one show with M.c Jereffa</div>
<div>10</div> <div>The community room is open for games & resident Activities!</div> <div>6:00PM - Bridge Classes with Harry Alferink</div> <div>Daylight Saving Time starts</div>	<div>11</div> <div>10:00AM - Chair Yoga (GF)</div> <div>11:15AM- Strength and Balance (GF)</div> <div>12:00PM-3PM - Mahjong</div> <div>2:00PM- Hand and Foot</div> <div>3:00PM - SHE'S BEAUTIFUL WHEN SHE'S ANGRY</div> <div>4:00PM - Puzzle Group</div> <div>6:30PM- Mexican Train</div>	<div>12</div> <div>12:00PM- Veterans Club</div> <div>2:00PM- Hand and Foot</div> <div>2:00PM - Multiple Games</div> <div>2:30PM - Spirituality Study</div> <div>6:00PM - Bridge</div>	<div>13</div> <div>10:10AM - Chair Yoga (GF)</div> <div>11:15 AM - Strength and Balance(GF)</div> <div>3:00PM - Book Club</div> <div>4:00PM - Puzzle Group</div>	<div>14</div> <div>10:00AM - Chair Yoga</div> <div>11:15AM - Beginners Strength and Balance</div> <div>12:30PM - Let's Talk</div> <div>1:00PM- 3:00PM - Mahjong Beginner</div> <div>4:00PM-6:00PM-Thirsty Thursdays</div>	<div>15</div> <div>11:00AM - Tai Chi (GF)</div> <div>1:30PM - Mahjong</div> <div>2:00PM - Movie Matinee: Book Club: The Next Chapter</div>	<div>16</div> <div>3:00PM-BINGO (CH)</div> <div>Office Close</div>
<div>17</div> <div>The community room is open for games & resident Activities!</div> <div>6:00PM - Bridge Classes with Harry Alferink</div> <div> Saint Patrick's Day</div>	<div>18</div> <div>Community Room will be closed for maintenance. All events cancelled.</div>	<div>19</div> <div>Community Room will be closed for maintenance. All events cancelled.</div> <div>First Day Of Spring</div>	<div>20</div> <div>10:00AM - Chair Yoga (GF)</div> <div>11:15 AM - Strength and Balance(GF)</div> <div>1:00 PM- Henrico Mobile Library</div> <div>3:00PM - Bench Mark Presents: Safely Managing Your Medications and Polypharmacy</div> <div>4:00PM - Puzzle Group</div>	<div>21</div> <div>10:00AM - Chair Yoga</div> <div>11:15AM - Beginners Strength and Balance</div> <div>12:30PM - Let's Talk</div> <div>1:00PM- 3:00PM - Mahjong Beginners</div> <div>4:00PM-6:00PM -Thirsty Thursday</div>	<div>22</div> <div>11:00AM - Tai Chi (GF)</div> <div>1:30PM - Mahjong</div> <div>2:00PM - Movie Matinee: The Lost City</div> <div>3:00PM- UBI Presents: Spring Flowers Arrangement</div>	<div>23</div> <div>2:00PM-BINGO (CH)</div>
<div>24</div> <div>The community room is open for games & resident Activities!</div> <div>6:00PM - Bridge Classes with Harry Alferink</div>	<div>25</div> <div>10:00AM - Chair Yoga (GF)</div> <div>11:15AM- Strength and Balance (GF)</div> <div>12:00PM-3PM - Mahjong</div> <div>2:00PM- Hand and Foot</div> <div>3:00PM- Period. End of Sentence</div> <div>4:00PM - Puzzle Group</div> <div>6:30PM- Mexican Train</div>	<div>26</div> <div>2:00PM- Hand and Foot</div> <div>2:00PM - Multiple Games</div> <div>2:30PM - Spirituality Study</div> <div>3:00PM- Fraud Busting With C&F Bank</div> <div>6:00PM - Bridge</div>	<div>27</div> <div>10:10AM - Chair Yoga (GF)</div> <div>11:15 AM - Strength and Balance(GF)</div> <div>2:00PM- Dean Knows Maintenance</div> <div>4:00PM - Puzzle Group</div> <div>4:00 PM- ART ON WHEELS: Paper Mache Baskets</div>	<div>28</div> <div>10:00AM - Chair Yoga</div> <div>11:15AM - Beginners Strength and Balance</div> <div>12:30PM - Let's Talk</div> <div>1:00PM- 3:00PM - Mahjong Beginners</div> <div>4:00PM-6:00PM -Thirsty Thursday</div>	<div>29</div> <div>11:00AM - Tai Chi (GF)</div> <div>1:30PM - Mahjong</div> <div>2:00PM - Movie Matinee: The Tomorrow War</div> <div>Good Friday</div>	<div>30</div> <div>3:00PM-BINGO (CH)</div>
<div>31</div> <div>The community room is open for games & resident Activities!</div> <div>6:00PM - Bridge Classes with Harry Alferink</div> <div> Easter Sunday</div>						