



NOVEMBER						
SUN	MON	TUE	WED	THU	FRI	SAT
			1 2p Rummikub 7p Bridge	2 9am Walking Club 10a-12p Mahjong 10:30a Stretch Band & Sittercize 3p-6p (GR) Holiday Market 7p Hand&Foot Canasta	3 3p Farkle 7p Rummikub	4
5 9am Walking Club 10:30a Stretch Band & Sittercize	6 10a Stability & Fitness w Jen 12:30 Pinochle 4p Tai Chi w Peg MUST sign up in Binder 7p Bible Study	7 9a Coffee n Donuts 9a Walking Club 9a Scrabble 10:30a Stretch Band & Sittercize 2p (GR) 'Sounds of Soul' w David Allen Mehner 5p BeMoved w Joanie MUST sign up in Binder 7p Hand&Foot Canasta	8 2p (TH) ART TALK: What's at MoMA these days? 2p Rummikub 6p (TH) Dietician: How to Survive the Holidays RSVP w Holly 7p Bridge	9 9am Walking Club 10a-12p Mahjong 10:30a Stretch Band & Sittercize 5-7p Friendsgiving Potluck RSVP w Holly 7p Hand&Foot Canasta	10 3p Farkle 7p Rummikub	11
12 9am Walking Club 10:30a Stretch Band & Sittercize	13 10a Stability & Fitness w Jen 12:30 Pinochle 1p (GR) CALENDAR CHAT: What programs & events would you like to see? 4pm Gentle Yoga w Stephanie must sign up in Binder 6p Kick up Your Heels w Square Dancing RSVP w Holly 7p Bible Study	14 9a Coffee n Donuts 9a Walking Club 9a Scrabble 10:30a Stretch Band & Sittercize 5p BeMoved w Joanie MUST sign up in Binder 7p Hand&Foot Canasta	15 2p Rummikub 4p Cranberry Cocktails & Mocktails Social 7p Bridge	16 9am Walking Club 10a-12p Mahjong 10:30a Stretch Band & Sittercize 6-7p Navigating Life's Transitions, rsvp w Holly 7p Hand&Foot Canasta	17 3p Farkle 7p Rummikub	18
19 9am Walking Club 10:30a Stretch Band & Sittercize	20 10a Stability & Fitness w Jen 12:30 Pinochle 12p Paint Pour craft w Chittu RSVP by 11/13 w Holly \$\$ 4p Tai Chi w Peg MUST sign up in Binder 7p Bible Study	21 9a Coffee n Donuts 9a Walking Club 9a Scrabble 10:30a Stretch Band & Sittercize 1pm (TH) LCFPD Lecture: Herons, Cranes & Egrets 5p BeMoved w Joanie MUST sign up in Binder 7p Hand&Foot Canasta	22 2p Rummikub 7p Bridge	23 Happy Thanksgiving	24 3p Farkle 7p Rummikub	25
26 9am Walking Club 10:30a Stretch Band & Sittercize	27 10a Stability & Fitness w Jen 12:30 Pinochle 4pm Gentle Yoga w Stephanie must sign up 7p Bible Study	28 9a Coffee n Donuts 9am Walking Club 10:30a Stretch Band & Sittercize 5p BeMoved w Joanie MUST sign up in Binder 6p (AR) BOOKCLUB: "West with Giraffes", Lynda Rutledge 7p Hand&Foot Canasta	29 2p Rummikub 7p Bridge 5p Brainy Trivia & Music Happy Hour w DJ Dan	30 9am Walking Club 10a-12p Mahjong 10:30a Stretch Band & Sittercize 7p Hand&Foot Canasta		

LEGEND

Red font: **RESIDENT** Led Programs
Black font: **EVH** Programs

AR=Art Room
GR=Great Room
TH= Theater

Certain Fitness **SIGNUPS** will be highlighted, the Sign Up Binder is behind the front desk.

Our wonderful **AMENITY** areas are available to reserve for private functions. See Holly to learn more!

*The Calendar is subject to change without notice.