



SAMPLE

SUN	MON	TUE	WED	THU	FRI	SAT
	1 11:00a-Doughnut Social 2:30p-Poker 5:00p-Water Aerobics	2 12:00p-Reel 2 Reel 5:00p-Line Dancing 6:00p-Fun with Limericks	3 1:00p-Tech Time 1-5p-Farmers Market 5:00p-Aqua Tai Chi	4 9:30a-Doughnut Social 10:00a-Cardio and Strength Blast 3:00p-Poker 101	5 12:00p-View and Review 2:00p-Button Flag Art 5:00p Line Dancing	6 10:00a-Walk Challenge 6:00p-Evening Swim 7:00p-Trivia Pursuit
7 9:00a-Low Impact Aerobics 11:00a-Morning Swim 6:30p-Bingo	8 11:00a-Doughnut Social 2:30p-Poker 5:00p-Water Aerobics	9 12:00p-Reel 2 Reel 5:00p-Line Dancing 6:00p-Fun with Limericks	10 1:00p-Tech Time 1-5p-Farmers Market 5:00p-Aqua Tai Chi	11 9:30a-Doughnut Social 10:00a-Cardio and Strength Blast 3:00p-Poker 101	12 12:00p-View and Review 2:00p-Button Flag Art 5:00p Line Dancing	13 10:00a-Walk Challenge 6:00p-Evening Swim 7:00p-Trivia Pursuit
14 9:00a-Low Impact Aerobics 11:00a-Morning Swim 6:30p-Bingo	15 11:00a-Doughnut Social 2:30p-Poker 5:00p-Water Aerobics	16 12:00p-Reel 2 Reel 5:00p-Line Dancing 6:00p-Fun with Limericks	17 1:00p-Tech Time 1-5p-Farmers Market 5:00p-Aqua Tai Chi	18 9:30a-Doughnut Social 10:00a-Cardio and Strength Blast 3:00p-Poker 101	19 12:00p-View and Review 2:00p-Button Flag Art 5:00p Line Dancing	20 10:00a-Walk Challenge 6:00p-Evening Swim 7:00p-Trivia Pursuit
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28 9:00a-Low Impact Aerobics 11:00a-Morning Swim 6:30p-Bingo	29 11:00a-Doughnut Social 2:30p-Poker 5:00p-Water Aerobics	30 12:00p-Reel 2 Reel 5:00p-Line Dancing 6:00p-Fun with Limericks	31 1:00p-Tech Time 1-5p-Farmers Market 5:00p-Aqua Tai Chi			



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