



# NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> 8:30AM BREAKFAST 9:00 AM DANCE FITNESS 10:00 AM BALANCE & CORE ! 2:00 PM CANASTA ♥ 4:00 PM BOOK CLUB	<b>2</b> 9:00 AM SLOW FLOW CHAIR 11:00AM WALKING CLUB 12:00 PM DRUMBA 1:30 PM BEGINNER TAI CHI ! 2:00 PM PUZZLES WITH FRIENDS ◆ 4:00 PM MEN IN ACTION	<b>3</b> 8:30 AM BREAKFAST 9:00 AM BALANCE & CORE 10:00 AM ADVANCED TAI CHI ! 2:00 PM RUMMIKUB 3:00 PM BIKE RIDING ◆ 3:00 PM HARRIS JEWELRY	<b>4</b> 9:00 AM BALANCE & TONE 10:00 AM WALKING CLUB 1:30 PM BEGINNER TAI CHI ▲ 5:00 PM MIX & MINGLE MARTY RUIZ	<b>5</b> 8:30 AM BREAKFAST 9:00 AM ADVANCED TAI CHI 10:00 AM AQUA BALANCE & TONE ! 2:00 PM MAHJONG 2:00 PM CARDIO DRUMMING ! 5:00 PM 3 UP 3 DOWN	<b>6</b> 10:30 AM AGELESS YOGA ▲ 12:00 PM POTLUCK ! 2:00 PM FOUR UP 4:00 PM CLASSICAL MUSIC HOUR
<b>7</b> DAYLIGHT SAVINGS ENDS	<b>8</b> 8:30AM BREAKFAST 9:00 AM DANCE FITNESS 10:00 AM BALANCE & CORE ! 2:00 PM CANASTA	<b>9</b> 9:00 PM SLOW FLOW CHAIR 11:00 AM WALKING CLUB 12:00 PM CARDIO DRUMMING 1:30 PM BEGINNER TAI CHI ! 2:00 PM PUZZLES WITH FRIENDS ▲ 2:00 PM TACO TUESDAY# ♥ 4:00 PM CHEF DEMO*	<b>10</b> 8:30 AM BREAKFAST 9:00 AM BALANCE & CORE 10:00 AM ADVANCED TAI CHI ! 2:00 PM RUMMIKUB 3:00 PM BIKE RIDING & 4:30PM REMEMBERING WHEN THE GHOST ARMY#	<b>11</b> HAPPY VETERAN'S DAY 9:00 AM BALANCE & TONE 10:00 AM WALKING CLUB 1:30 PM BEGINNER TAI CHI 5:00 PM MIX & MINGLE % CHRIS BROWN	<b>12</b> 8:30 AM BREAKFAST 9:00 AM ADVANCED TAI CHI 10:00 AM AQUA BALANCE & TONE ! 2:00 PM MAHJONG 2:00 PM CARDIO DRUMMING ! 5:00 PM 3 UP 3 DOWN	<b>13</b> 10:30 AM AGELESS YOGA ! 2:00 PM FOUR UP ♥ 7:30 PM SPIRITUAL HOUR
<b>14</b>	<b>15</b> 8:30 AM BRAKFAST 9:00 AM DANCE FITNESS ! 2:00 PM CANASTA ♥ 7:00 PM GAME NIGHT	<b>16</b> 9:00 AM SLOW FLOW CHAIR 11:00AM WALKING CLUB 12:00PM DRUMBA 1:30 PM BEGINNER TAI CHI ! 2:00 PM PUZZLES WITH FRIENDS 3:00 PM PUMPKIN PIE CONTEST# ◆ 4:00 PM MEN IN ACTION	<b>17</b> 8:30 AM BREAKFAST 10:00 AM ADVANCED TAI CHI ! 2:00 PM RUMMIKUB 3:00 PM BIKE RIDING	<b>18</b> 9:00 AM BALANCE & TONE 10:00 AM WALKING CLUB 1:30 PM BEGINNER TAI CHI ♥ 5:00 PM MIX & MINGLE FRIENDSGIVING BARBER SHOP QUARTET#	<b>19</b> 8:30 AM BREAKFAST 9:00 AM ADVANCED TAI CHI ! 2:00 PM MAHJONG ! 5:00 PM 3 UP 3 DOWN	<b>20</b> 10:30 AM AGELESS YOGA ! 2:00 PM FOUR UP
<b>21</b> 12:00 PM SHERRY DOUGLAS#	<b>22</b> 8:30 AM BREAKFAST 9:00 DANCE FITNESS ! 2:00 PM CANASTA 2:00 PM CARDIO DRUMMING	<b>23</b> 9:00 AM SLOW FLOW CHAIR 12:00 PM DRUMBA ♥ 4:00 PM CHEF DEMO*	<b>24</b> OFFICE CLOSING @ 1 PM 8:30 AM BREAKFAST 9:00 AM BALANCE & CORE 10:00 AM ADVANCED TAI CHI ! 2:00 PM RUMMIKUB 3:00 PM BIKE RIDING	<b>25</b> OFFICE CLOSED	<b>26</b> OFFICE CLOSED	<b>27</b> ! 2:00 PM FOUR UP ♥ 7:30 PM SPIRITUAL HOUR
<b>28</b>	<b>29</b> 8:30 AM BRAKFAST 9:00 AM DANCE FITNESS 10:00 AM BALANCE & CORE ! 2:00 PM CANASTA	<b>30</b> 8:30 AM BRAKFAST 9:00 AM SLOW FLOW CHAIR 12:00 PM DRUMBA ! 2:00 PM CANASTA ◆ 3:00 PM CIGAR CLASS* ♥ 5:00PM EVERLEIGH AFTER DARK#	▲ =IN THE COURTYARD ◆ =IN THE CLUBHOUSE ♥ =IN THE DEMO KITCHEN % = NO FOOD	*= HAS A SIGN-UP SHEET IN MAILROOM #= HAS A VOUCHER !=IN THE GAME ROOM &=IN THE THEATER ALL MIX & MINGLE ARE BYOB	DUE TO UNFORSEEN CIRCUMSTANCES EVENTS ON THE CALNDAR ARE SUBJECT TO CHANGE. BUT WE WILL DO OUR BEST TO KEEP YOU ALL UPDATED	