

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday	SATURDAY
<p><b>Location Keys</b> Clubhouse: CH Group Fitness: GF Pool/Patio: P Art Room: AR Theater: T</p>	<p><b>ALL PROGRAMS SUBJECT TO CHANGE!</b></p>			<p>01 10:00AM - Chair Yoga 11:15AM - <b>Beginners Strength and Balance</b> 12:30PM - Good Life Seminar 4:00PM-6:00PM- Thirsty Thursday</p>	<p>02 11:00AM - Tai Chi (GF) 10:00AM - <b>Water Aerobics</b> 1:30PM - Mahjong 2:00PM - Movie Matinee: <b>Three Men And Baby</b></p>	<p>03 <b>3:00PM-BINGO (CH)</b></p>
<p>04 <b>The community room is open for games &amp; resident Activities!</b></p>	<p>05 10:00AM - Chair Yoga (GF) 11:15AM- Strength and Balance (GF) 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 6:30PM- Mexican Train</p>	<p>06 11:00AM - <b>Yarn Buddies For Charity</b> 2:00PM - Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 3:00PM - <b>Root Beer Floats</b> 4:00PM - Bridge  <b>Root Beer Day</b></p>	<p>07 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) <b>3:00PM- Book Club</b></p>	<p>08 10:00AM - Chair Yoga 12:30PM - Let's Talk 4:00PM-6:00PM- Happy Hour</p>	<p>09 11:00AM - Tai Chi (GF) 10:00AM - <b>Water Aerobics</b> 1:30PM - Mahjong 2:00PM - Movie Matinee: <b>Fargo</b> 6:00PM- <b>Cheers RVA Food Truck</b></p>	<p>10 <b>3:00PM-BINGO (CH)</b></p>
<p>11 <b>The community room is open for games &amp; resident Activities!</b></p>	<p>12 10:00AM - Chair Yoga (GF) 11:15AM- Strength and Balance (GF) 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 6:30PM- Mexican Train</p>	<p>13 11:00AM - <b>Yarn Buddies For Charity</b> 12:00PM- <b>Veterans Club</b> 2:00PM- Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 4:00PM - <b>Imporance of Community Bank W/C&amp;F Bank</b> 4:00PM - Bridge</p>	<p>14 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 2:00PM- <b>Dean Knows Maintenance</b></p>	<p>15 10:00AM - Chair Yoga 12:30PM - Let's Talk 4:00PM-6:00PM - Happy Hour</p>	<p>16 11:00AM - Tai Chi (GF) 10:00AM - <b>Water Aerobics</b> 1:30PM - Mahjong 2:00PM - Movie Matinee: <b>Second Hand Lions</b></p>	<p>17 1:00PM - <b>Spiritual Health Service</b> <b>3:00PM-BINGO (CH)</b></p>
<p>18 <b>The community room is open for games &amp; resident Activities!</b></p>	<p>19 10:00AM - Chair Yoga (GF) 11:15AM- Strength and Balance (GF) 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 6:30PM- Mexican Train</p>	<p>20 11:00AM - <b>Yarn Buddies For Charity</b> 2:00PM- Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 3:00PM- <b>Birthday Social</b> 4:00PM - Bridge </p>	<p>21 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 1:00 PM- <b>Henrico Mobile Library</b>  4:00 PM- ART ON WHEEL: <b>Metal Stamped Jewelry</b></p>	<p>22 10:00AM - Chair Yoga 12:30PM - Let's Talk 4:00PM-6:00PM - <b>Name That Tune Happy Hour</b> </p>	<p>23 11:00AM - Tai Chi (GF) 10:00AM - <b>Water Aerobics</b> 1:30PM - Mahjong 2:00PM - Movie Matinee: <b>Cocoon</b> </p>	<p>24 <b>3:00PM-BINGO (CH)</b></p>
<p>25 <b>The community room is open for games &amp; resident Activities!</b></p>	<p>26 10:00AM - Chair Yoga (GF) 11:15AM- Strength and Balance (GF) 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 3:00PM- <b>L.B.F Ice Cream Social</b> 6:30PM- Mexican Train </p>	<p>27 11:00AM - <b>Yarn Buddies For Charity</b> 2:00PM- Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 4:00PM - Bridge</p>	<p>28 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 2:00PM- History talk with Dean 4:00 PM- ART ON WHEELS: <b>Embroidery On Wood</b></p>	<p>29 10:00AM - Chair Yoga 12:30PM - Let's Talk 4:00PM-6:00PM - Happy Hour</p>	<p>30 11:00AM - Tai Chi (GF) 10:00AM - <b>Water Aerobics</b> 1:30PM - Mahjong 2:00PM - Movie Matinee: <b>The Iron Claw</b></p>	<p>31 <b>3:00PM-BINGO (CH)</b></p>