



MONTH

SUN	MON	TUE	WED	THU	FRI	SAT
	1 9 AM - 10 AM BREAKFAST 11:45 AM SILVER SNEAKERS 1 PM CANASTA 1:30 PM RUMMIKUB 6 PM MEN'S GAME NIGHT	2 9 AM CHAIR YOGA 1:30 PM SEQUENCE 2:00 PM MOVIE MATINEE 6:30 PM BRIDGE	3 9 AM - 10 AM BREAKFAST 9:30 AM TOTAL HEARING 11:30 AM B&B SCULPT 1 PM GAMES 1:30 PM RUMMIKUB 6 PM TEXAS HOLD'EM	4 9:30 AM SILVER SNEAKERS 10:30 MEN'S BISTRO COFFEE 1 PM GAMES 1:30 MEXICAN TRAIN 5PM MIX & MINGLE	5 9 AM - 10 AM BREAKFAST 11:30 AM ZUMBA 1 PM MAHJONG 1 PM GAMES 4 PM RESIDENT CHORAL GROUP PRATICE	6 9:30 AM AQUA FIT 1 PM MOVIE MATINEE 1:30 FISH-FRY/LUAU
7	8 9 AM - 10 AM BREAKFAST 11:45 AM SILVER SNEAKERS 1 PM CANASTA 1:30 PM RUMMIKUB 4 PM RESIDENT BOOK CLUB 6 PM MEN'S GAME NIGHT	9 9 AM CHAIR YOGA 9:30 AM WOMEN OF JOY 1:30 PM SEQUENCE 6:30 PM BRIDGE	10 9 AM - 10 AM BREAKFAST 11:30 AM B&B SCULPT 1 PM GAMES 1:30 PM RUMMIKUB 4 PM WINE DOWN 6 PM TEXAS HOLD'EM	11 9:30 AM SILVER SNEAKERS 10:30 MEN'S BISTRO COFFEE 1 PM GAMES 1:30 MEXICAN TRAIN 5 PM MIX & MINGLE	12 9 AM - 10 AM BREAKFAST 11:30 AM ZUMBA 1 PM MAHJONG 1 PM GAMES 4 PM RESIDENT CHORAL GROUP PRATICE	13 9:30 AM AQUA FIT 1 PM MOVIE MATINEE
14	15 9 AM - 10 AM BREAKFAST 11:45 AM SILVER SNEAKERS 1 PM CANASTA 1:30 PM RUMMIKUB 6 PM MEN'S GAME NIGHT	16 9 AM CHAIR YOGA 1 PM MUSIC BINGO 1:30 PM SEQUENCE 2:00 PM MOVIE MATINEE 5 PM MENS CLUB MEETING 6:30 PM BRIDGE	17 9 AM - 10 AM BREAKFAST 11:30 AM B&B SCULPT 1 PM GAMES 1:30 PM RUMMIKUB 6 PM TEXAS HOLD'EM	18 9:30 AM SILVER SNEAKERS 10:30 MEN'S BISTRO COFFEE 12 PM FATHERS DAY LUNCH 1 PM GAMES 1:30 MEXICAN TRAIN 5PM MIX & MINGLE	19 9 AM - 10 AM BREAKFAST 11:30 AM ZUMBA 1 PM MAHJONG 1 PM GAMES 4 PM RESIDENT CHORAL GROUP PRATICE	20 9:30 AM AQUA FIT 1 PM MOVIE MATINEE
21 3 PM RESIDENT-LED BIRTHDAY PARTY	22 9 AM - 10 AM BREAKFAST 11:45 AM SILVER SNEAKERS 1 PM CANASTA 1:30 PM RUMMIKUB 6 PM MEN'S GAME NIGHT	23 9 AM CHAIR YOGA 10:30 AM NEW RESIDENT ORIENTATION 1:30 PM SEQUENCE 6:30 PM BRIDGE	24 9 AM - 10 AM BREAKFAST 11:30 AM B&B SCULPT 1 PM GAMES 1:30 PM RUMMIKUB 4 PM WINE DOWN 6 PM TEXAS HOLD'EM	25 9:30 AM SILVER SNEAKERS 10:30 MEN'S BISTRO COFFEE 1 PM GAMES 1:30 MEXICAN TRAIN 5PM MIX & MINGLE: TASTE OF TEXAS	26 9 AM-10 AM BREAKFAST 11:30 AM ZUMBA 1 PM MAHJONG 1 PM GAMES 4 PM RESIDENT CHORAL GROUP PRATICE	27 9:30 AM AQUA FIT 1 PM MOVIE MATINEE
28	29 9 AM - 10 AM BREAKFAST 11:45 AM SILVER SNEAKERS 1 PM CANASTA 1:30 PM RUMMIKUB 6 PM MEN'S GAME NIGHT	30 9 AM CHAIR YOGA 1:30 PM SEQUENCE 3 PM BINGO 6:30 PM BRIDGE				

