



SUN

MON

TUE

WED

THU

FRI

SAT



Calendar Key:

\$ Cost to Resident
 RL = Resident Led
 ECP = Everleigh Central Park
 Great Courses = Theater Room
 One Day University = Theater Room
 Friday Night Movie = Theater Room
 Wine Down = Grapevine
 Birthday Celebration = Grapevine

Functional Fitness & Chair Yoga with LeeAnn in person & via Zoom
<https://uso2web.zoom.us/j/3557061938>

***Calendar Is Subject To Change**

1 8am Functional Fitness
 11am Floor Aerobics
 11am to 1pm Tech Time (Grapevine)
 Bring all your tech issues here!
 1pm Cribbage (Game Room) All are welcome!
 4:30pm to 5:30pm Wine Down
 Soup It Up!
 Jays2Go - Pre-Order Pickup \$ (Grapevine)

2 9:30am to 12pm Open Shop
 Drop-In (Workshop)
 1pm The Painting Club (Grapevine)
 2pm One Day University:
The Cuban Missile Crisis: Looking Back 60 Years
 4pm Coffee & Talk What do you hope for future generations? (Great Room)
 6pm RL Mexican Train (Grapevine)

3 9am Functional Fitness
 11am Floor Aerobics
 12pm The Green Thumbs Replanting Workshop (Garden Center)
 1pm to 2pm RL Women's Grief & Loss Support Group (Library)
 2:30pm Doggy Play Date Let them run together! (Dog Park)
 5:30pm Friday Night Movie:
Raymond & Ray (Theater Room)

4 10:15am Mat Yoga
 1pm Bridge (Game Room)

5

6 9am Functional Fitness
 2pm Needlework & Quilt Club
 3pm Euchre (Grapevine)
 All are welcome!
 4pm *The Great Courses: Banned Books, Burned Books & Forbidden Literary Works* (Theater Room)
 Jays2Go - Order Cut-Off Date \$

7 9am The Walkers (Great Room)
 Socialize while exercising
 10:30am Chair Yoga
 11am Floor Aerobics
 4pm Mens Networking & Discussion Society (Grapevine)
 6pm Catan Game Night (Game Room) All are welcome!

8 8am Functional Fitness
 11am Floor Aerobics
 1pm Cribbage (Game Room) All are welcome!
 4:30pm to 5:30pm Wine Down
 Mediterranean Flare
 Jays2Go - Pre-Order Pickup \$ (Grapevine)

9 8:30am to 10am RL Breakfast
 All are welcome
 9:30am to 12pm Open Shop
 Drop-In (Workshop)
 1pm The Painting Club (Grapevine)
 3pm The Cooking Club Blue Zone
 Recipe: Roasted Tomato & Artichoke Pesto Pasta (Grapevine) 12 ppl max - sign up sheet in mailroom
 6pm RL Mexican Train (Grapevine)

10 9am Functional Fitness
 11am Floor Aerobics
 11:30am Let's Do Lunch Potluck!
 Good conversation & food (Grapevine) Sign up sheet in mailroom
 1pm to 2pm RL Women's Grief & Loss Support Group (Library)
 5:30pm Friday Night Movie:
Finch (Theater Room)

11 10:15am Mat Yoga
 1pm Bridge (Game Room)

12
 Daylight Savings
 Spring Forward

13 On-Site Dermatology will be at ECP - by appointment ONLY
 9am Functional Fitness
 2pm Needlework & Quilt Club
 3pm Euchre (Grapevine)
 All are welcome!
 4pm *The Great Courses: Banned Books, Burned Books & Forbidden Literary Works* (Theater Room)
 Jays2Go - Order Cut-Off Date \$

14 9am The Walkers (Great Room)
 Socialize while exercising
 10:30am Chair Yoga
 11am Floor Aerobics
 1pm "What's Up" Mike Nelson on Climate Change (Great Room)
 4pm Reading Group (Grapevine)
 6pm Catan Game Night (Game Room) All are welcome!

15 8am Functional Fitness
 11am Floor Aerobics
 11am to 1pm Tech Time (Grapevine)
 Bring all your tech issues here!
 1pm Cribbage (Game Room) All are welcome!
 4:30pm to 5:30pm Wine Down
 Shamrock Surprise
 Jays2Go - Pre-Order Pickup \$ (Grapevine)

16 9:30am to 12pm Open Shop
 Drop-In (Workshop)
 1pm The Painting Club (Grapevine)
 2pm ECP Town Hall (Great Room)
 3pm One Day University:
Watergate at 50: The Burglary That Changed the Nation
 4pm to 5pm Central Park Wine & Spirits Tasting Winter Selections - sign up sheet in mailroom
 6pm RL Mexican Train (Grapevine)

17 9am Functional Fitness
 11am Floor Aerobics
 1pm to 2pm RL Women's Grief & Loss Support Group (Library)
 11:30am St Paddy's Day Pancake & Mimosa Breakfast (Grapevine) Wear your best green!
 5:30pm Friday Night Movie:
Liaison (Theater Room)

18 10:15am Mat Yoga
 1pm Bridge (Game Room)

19
 5pm RL Widowed & Single Ladies Potluck (Grapevine) sign up in mailroom

20 9am Functional Fitness
 2pm Needlework & Quilt Club
 3pm Euchre (Grapevine)
 All are welcome!
 4pm *The Great Courses: Banned Books, Burned Books & Forbidden Literary Works* (Theater Room)
 Jays2Go - Order Cut-Off Date \$

21 9am The Walkers (Great Room)
 Socialize while exercising
 10:30am Chair Yoga
 11am Floor Aerobics
 4pm Mens Networking & Discussion Society (Grapevine)
 6pm Catan Game Night (Game Room) All are welcome!

22 8am Functional Fitness
 11am Floor Aerobics
 11am to 1pm Comcast Q&A All your questions answered (Grapevine) sign up sheet in mailroom
 1pm Cribbage (Game Room) All are welcome!
 4:30pm to 5:30pm Wine Down
 Lets Dip It
 Jays2Go - Pre-Order Pickup \$ (Grapevine)

23 9:30am to 12pm Open Shop
 Drop-In (Workshop)
 1pm The Painting Club (Grapevine)
 2:30pm How To Make Macarons
 Taught by Cheryl (Grapevine) 12 ppl max - sign up sheet in mailroom
 6pm RL Mexican Train (Grapevine)

24 **The Office Will Be Closed Today For Our Annual Awards Ceremony**
 9am Functional Fitness
 11am Floor Aerobics
 1pm to 2pm RL Women's Grief & Loss Support Group (Library)
 2pm Too Fit To Fracture: Osteoporosis Presentation with Dr. Patrick Donovan (Grapevine)
 5:30pm Friday Night Movie:
The Sky is Everywhere

25 10:15am Mat Yoga
 1pm Bridge (Game Room)

26

27 9am Functional Fitness
 10am to 12pm Heel Your Feet with R.N. Kirsten Antony (Grapevine)
 \$ Sign up in mailroom/appt. only \$
 2pm Needlework & Quilt Club
 3pm Euchre (Grapevine)
 All are welcome!
 4pm *The Great Courses: Banned Books, Burned Books & Forbidden Literary Works* (Theater Room)
 Jays2Go - Order Cut-Off Date \$

28 9am The Walkers (Great Room)
 Socialize while exercising
 10:30am Chair Yoga
 11am Floor Aerobics
 3:30pm The Book Club (Library)
 4:30pm to 5:30pm Monthly Birthday Celebration (Grapevine)
 6pm Catan Game Night (Game Room) All are welcome!

29 8am Functional Fitness
 11am Floor Aerobics
 1pm Cribbage (Game Room) All are welcome!
 4:30pm to 5:30pm Wine Down
 Signature Dish Potluck
 Jays2Go - Pre-Order Pickup \$ (Grapevine)

30 9:30am to 12pm Open Shop
 Drop-In (Workshop)
 1pm The Painting Club (Grapevine)
 3pm Coffee & Talk What do you wish you'd known when you were younger? (Great Room)
 6pm RL Mexican Train (Grapevine)

31 9am Functional Fitness
 11am Floor Aerobics
 1pm to 2pm RL Women's Grief & Loss Support Group (Library)
 4pm Spring Fling Grandkid Thing
 All kids are invited! Face painting, glitter tattoos, caricaturist, balloon twisting & Kona Ice!

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MARCH

