## GREYSTAR 1 1 55+ 4 4 4

10:00AM - Chair Yoga (GF)

11:15AM- Strength and Balance (GF)

12:00PM-3PM - Mahiong

2:00PM- Hand and Foot

4:00PM - Puzzlers

6:30PM- Mexican Train 10:00AM - Chair Yoga (GF)

11:15AM- Strength and Balance (GF)

12:00PM-3PM - Mahjong

2:00PM- Hand and Foot

4:00PM - Puzzlers

6:30PM- Mexican Train

10:00AM - Chair Yoga (GF)

11:15AM- Strength and Balance (GF)

12:00PM-3PM - Mahiong

2:00PM- Hand and Foot

4:00PM - Puzzlers

6:30PM- Mexican Train

WAN AA

The community room

is open for games &

resident Activities!

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KWANZAA

## December 2024

10:00AM - Senior Line Dancing

11:00AM - Tai Chi (GF)

1:30PM - Mahiong

2:00PM - Movie Matinee:

**Christmas Vacation** 

10:00AM - Senior Line Dancing

11:00AM - Tai Chi (GF)

1:30PM - Mahiong

2:00PM - Movie Matinee:

**Forest Gump** 

**Location Kevs** 

Clubhouse: CH

**Group Fitness: GF** 

Pool/Patio: P

Art Room: AR

Theater: T

WANZAA

3:00PM-BINGO (CH)

3:00PM-BINGO (CH)

**ALL PROGRAMS** 

**SUBJECT TO** 

**CHANGE!** 

KWANZAA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
room is open for games & resident Activities!	02 10:00AM - Chair Yoga (GF) 11:15AM- Strength and Balance (GF) 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 4:00PM - Puzzlers 6:30PM- Mexican Train	03 11:00AM - Yarn Buddies For Charity 1:00PM - Free Writing Group 2:00PM- Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 4:00PM - Bridge	10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 3:00PM-Book Club 4:00 PM- ART ON WHEELS: Epoxy Resin Ornaments And Finishing The Alcohol Ink Art 4:00PM - Puzzlers	05 10:00AM - Chair Yoga 11:15AM - Beginners Strength and Balance 12:30PM -Good Life Seminar 4:00PM-6:00PM- Happy Hour	06 10:00AM - Senior Line Dancing 11:00AM - Tai Chi (GF) 1:30PM - Mahjong 2:00PM - Movie Matinee: Last Holiday	3:00PM-BINGO (CH)
The community room is open for games & resident Activities!	09 10:00AM - Chair Yoga (GF) 11:15AM- Strength and Balance (GF) 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 4:00PM - Puzziers 6:30PM- Mexican Train	11:00AM - Yarn Buddies For Charity 12:00PM - Veterans Club 1:00PM - Free Writing Group 2:00PM - Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 4:00PM - Bridge	11 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 4:00PM - Puzzlers	10:00AM - Chair Yoga 12:30PM - Let's Talk 4:00PM-6:00PM- Happy Hour 6:00PM - <mark>Tacky Light Tour</mark>	13 10:00AM - Senior Line Dancing 11:00AM - Tai Chi (GF) 1:30PM - Mahjong 2:00PM - Movie Matinee: A Christmas Story	3:00PM-BINGO (CH) 4:00PM - Santa Claus is coming to Everleigh

10:00AM - Chair Yoga (GF)

11:15 AM - Strength and Balance(GF)

1:00 PM- Henrico Mobile Library

4:00 PM- ART ON WHEELS:

Clay Jewelry

4:00PM - Puzzlers

closed

10:00AM - Chair Yoga

12:30PM - Let's Talk

4:00PM-6:00PM

**Holiday Party** 

10:00AM - Chair Yoga

12:30PM - Let's Talk

**No Happy Hour** 

WANZAA

Office Hours

1PM-6PM

1:00PM - Free Writing Group

2:00PM- Hand and Foot

2:00PM - Multiple Games

2:30PM - Spirituality Study

4:00PM - Bridge

1:00PM- Free Writing Group

2:00PM- Hand and Foot

2:00PM - Multiple Games

2:30PM - Spirituality Study

4:00PM - Bridge

Office Hours

9-1PM

11:00AM - Yarn Buddies For Charity

1:00PM- Free Writing Group

2:00PM- Hand and Foot

2:30PM - Spirituality Study

NEW YEAR'S

**Office Hours** 

9-1PM

WANZAA