



55+



July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL PROGRAMS SUBJECT TO CHANGE!		01 12:00PM- Let's Talk Community Rewards with Nikki	02 <u>Every Wednesday</u> 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 4:00PM - Puzzlers	03 11:15AM - Beginners Strength and Balance 12:30PM -Good Life Seminar 2:00PM-5:00PM 4th of July Social Hour	04 The Office is closed	05 3:00PM- BINGO(CH)
06 The community room is open for games & resident activities!	07 3:00PM- Amada Care presents: Eating for Vitality	08 <u>Every Tuesday</u> 10:00AM - Aqua fit 11:00AM - Yarn Buddies For Charity 1:00PM- Free Writing Group 2:00PM- Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 4:00PM - Bridge	09 <u>Every Wednesday</u> 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 4:00PM - Puzzlers	10 4:00PM-5:30PM Social Hour NATIONAL PINA COLADA DAY	11 10:00AM - River City Market 2:00PM - Movie Matinee: Mission Impossible Fallout	12 3:00PM- BINGO(CH)
13 The community room is open for games & resident activities!	14 <u>Every Monday</u> 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 4:00PM - Puzzlers 6:30PM- Mexican Train	15 4:00PM - Richard Presents: " Your Money's Best Friend: How to Conserve and Grow	16 1:00 PM- Henrico Mobile Library 4:00 PM- ART ON WHEELS: Carousel Books, Part 2	17 4:00PM-5:30PM Social Hour	18 2:00PM - Movie Matinee: Where The Craw Dads Sing	19 3:00PM- BINGO (CH)
20 The community room is open for games & resident Activities!	21 3:00PM - Amada Care Craft Presents : THE crafting stunning paper flower book bouquets	22 <u>Every Tuesday</u> 10:00AM - Aqua fit 11:00AM - Yarn Buddies For Charity 1:00PM- Free Writing Group 2:00PM- Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 4:00PM - Bridge	23 <u>Every Wednesday</u> 10:00AM - Chair Yoga (GF) 11:15 AM - Strength and Balance(GF) 4:00PM - Puzzlers	24 4:00PM-5:30PM Social Hour	25 2:00PM Movie Matinee: My Family 4:00PM - (Food Truck) Southern Roots Farm Smoking Swine's BBQ	26 3:00PM- BINGO (CH)
27 The community room is open for games & resident Activities!	28 <u>Every Monday</u> 12:00PM-3PM - Mahjong 2:00PM- Hand and Foot 4:00PM - Puzzlers 6:30PM- Mexican Train	29 <u>Every Tuesday</u> 10:00AM - Aqua fit 11:00AM - Yarn Buddies For Charity 1:00PM- Free Writing Group 2:00PM- Hand and Foot 2:00PM - Multiple Games 2:30PM - Spirituality Study 4:00PM - Bridge	30 3:00PM - Residents Birthday Party (All Are Welcome) 4:00 PM- ART ON WHEELS: Landscape painting inspired by David Hockney	31 4:00PM-5:30PM Social Hour		<u>Location Keys</u> Clubhouse:CH Group Fitness (GF) Pool/Patio:P AR:Art Room T:Theater