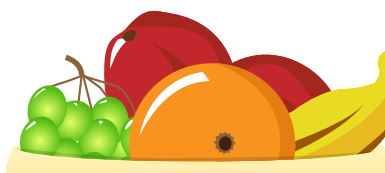




# AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
 <p><b>Continental Breakfast</b> MON-FRI 8-10 Saturday 9-10:30</p>	<p><b>1</b></p> <p>10 Starving Artist Painting-CAR 1:30 Chair Yoga- Y 2:30 Mah Jong-B 2:30 Yoga Flow -Y 2:30 Cards &amp; Games-GR 3 One day University-T 4 Wii Bowling-SL 6 Mens Poker-CR</p>	<p><b>2</b></p> <p>11 Foreign Affairs-T 12 CardioDrumming-Car 1 Bridge- CR 4 Birthday Happy Hour With Karaoke</p>	<p><b>3</b></p> <p>11 Women WALKING IN WORD-LI 1 National Watermelon Day 1:30 Chair Yoga-Y 2 Cards&amp;Games 2:30 Yoga Flow-Y 3 One day university-T 3 Bingo-CAR 6 What's Up Wednesday-SL</p>	<p><b>4</b></p> <p>10 Water Volleyball-P 11 Tech Thursday- LO 12 Stitcher's Group-DIS 1 Bridge-CAR 1 Shuffleboard 2 Bunco-GR 6 Bible Study-GR</p>	<p><b>5</b></p> <p>9: 30 New Resident Orientation- T 10 Walking Club 10 History Series-T 2 Cardio Drumming -CAR 4 Gary's Trivia-GR 4 Wii bowling-SL 5:30 Movie-T</p>	<p><b>6</b></p> <p>10 Cardio Class-Y 2:30 Cards &amp; Games-B 4 The Crown Series- T</p>
<p><b>7</b></p> <p>12 Stitcher's Group 2 Matinee Movie</p>	<p><b>8</b></p> <p>10:30 Money Matters-DR 1:30 Chair Yoga-Y 2:30 Mah Jong-B 2:30 Yoga Flow-Y 2:30 Cards &amp; Games-GR 3 One day University-T 3:45 Ladies Happy Hour 4 Wii Bowling-SL 6 Mens Poker-CR</p>	<p><b>9</b></p> <p>11 Foreign Affairs-T 12 CardioDrumming-Car 1 Bridge- CR 4 Happy Hour With coloring Contest with prize(National Coloring day)</p>	<p><b>10</b></p> <p>10 Farmer Jim's Market-GR 11 Women WALKING IN WORD-LI 1:30 Chair Yoga- Y 2 Cards&amp;Games 2:30 Yoga Flow- Y 3 One day university-T 3 Bingo-CAR 6 What's up Wednesday-SL</p>	<p><b>11</b></p> <p>10 Water Volleyball-P 11 Tech Thursday- Li 12 Stitcher's Group-DIS 1 Bridge-CAR 1 Shuffleboard 2 Bunco-GR 6 Bible Study-GR</p>	<p><b>12</b></p> <p>9"Stretch Zone" Messages- Y 10 Walking Club 10 History Series-T 12 Youtube Crafts "Sketching a dog"- CAR 2 Cardio Drumming -CAR 4 Wii bowling-SL 5:30 Movie-T</p>	<p><b>13</b></p> <p>10 Cardio Class-Y 2:30 Cards &amp; Games-B 4 The Crown Series- T</p>
<p><b>14</b></p> <p>12 Stitcher's Group 2 Matinee Movie 6 Fellowship &amp; Worship- GR</p>	<p><b>15</b></p> <p>10 Starving Artist Painting- CAR 12 Cooking With Elise-B 1:30 Chair Yoga-Y 2:30 Mah Jong-B 2:30 Yoga Flow-Y 2:30 Cards &amp; Games-GR 3 One day University-T 4 Wii Bowling-SL 6 Mens Poker-CR</p>	<p><b>16</b></p> <p>11 Foreign Affairs-T 12 CardioDrumming-Car 1 Bridge- CR 3 Townhall-GR 4 Happy Hour "Rum Day" With Trivia</p>	<p><b>17</b></p> <p>10 Dulcimer Dandies Performance 11 Women WALKING IN WORD-LI 11 Men's Lunch 2 Cards&amp;Games 3 One day university-T 3 Bingo-CAR 5 Linda's Line dancing 6 What's Up Wednesday-SL</p>	<p><b>18</b></p> <p>10 Water Volleyball-P 11 Tech Thursday- Li 12 Stitcher's Group-DIS 1 Bridge-CAR 1 Shuffleboard 2 Bunco-GR 6 Bible Study-GR</p>	<p><b>19</b></p> <p>10 Walking Club 10 History Series-T 1 Get To Know Your Gadget 2 Cardio Drumming -CAR 4 Gary's trivia- GR 4 Wii bowling-SL 5:30 Movie-T</p>	<p><b>20</b></p> <p>11 Poolside cornhole 2:30 Cards &amp; Games-B 4 The Crown Series- T</p>
<p><b>21</b></p> <p>12 Stitcher's Group 2 Matinee Movie</p>	<p><b>22</b></p> <p>10:30 Money Matters-DR 1:30 Chair Yoga-Y 2:30 Mah Jong-B 2:30 Yoga Flow-Y 2:30 Cards &amp; Games-GR 3 One day University-T 4 Wii Bowling-SL 6 Mens Poker-CR</p>	<p><b>23</b></p> <p>11 Foreign Affairs-T 12 CardioDrumming-Car 1 Bridge- CR 3 Fruit Cobbler cookoff- GR 4 Happy Hour</p>	<p><b>24</b></p> <p>10 Farmer Jim's Market- GR 11 Women WALKING IN WORD-LI 1:30 Chair Yoga-Y 2 Cards&amp;Games 2:30 Yoga Flow- Y 3 One day university-T 3 Bingo-CAR 6 What's Up Wednesday -SL</p>	<p><b>25</b></p> <p>10 Water Volleyball-P 11 Tech Thursday- LO 12 Stitcher's Group-DIS 1 Bridge-CAR 1 Shuffleboard 2 Bunco-GR 6 Bible Study-GR</p>	<p><b>26</b></p> <p>10 Walking Club 10 History Series-T 1 Veterans Lunch-CR 2 Cardio Drumming -CAR 4 Pool Party 4 Wii bowling-SL 5:30 Movie-T</p>	<p><b>27</b></p> <p>10 Cardio Class-Y 2:30 Cards &amp; Games-B 4 The Crown Series- T</p>
<p><b>28</b></p> <p>12 Stitcher's Group 2 Matinee Movie 6 Fellowship &amp; Worship- GR</p>	<p><b>29</b></p> <p>10 Starving Artist Painting- CAR 1:30 Chair Yoga-Y 2:30 Mah Jong-B 2:30 Yoga Flow-Y 2:30 Cards &amp; Games-GR 3 One day University-T 4 Wii Bowling-SL 6 Mens Poker-CR</p>	<p><b>30</b></p> <p>11 Foreign Affairs-T 12 CardioDrumming-Car 1 Bridge- CR 4 Happy Hour "Name that tune"</p>	<p><b>31</b></p> <p>11 Women WALKING IN WORD-LI 1:30 Chair Yoga-Y 2 Cards&amp;Games 2:30 Yoga Flow- Y 3 One day university-T 3 Bingo-CAR 6 What's Up Wednesday-SL</p>	<p><b>Boomer appreciation</b> If your A baby boomer please bring a baby picture to the front desk by August 8</p>	<p>Theatre= T Pool= P Great Room= GR Bistro= B Sky Lounge=SL Yoga Studio= Y Creative Arts Room= CAR Club Room= CR Dining Room= DR Library= L Lobby= Lo</p>	<p><b>SALON</b> Aimee HairStylist- 615-969-8313 Amanda Hairstylist- 931-492-1366 Sanom Nail tech 615-496-3036 Treao Nail Tech- 615-933-3638</p>