



NOVEMBER

LEGEND

Red = RESIDENT Led Programs

Black = EVH Programs

AR=Art Room

ER=Exercise Room

WR=Weight Room

GR=Great Room

TH= Theater

DK=Demo Kitchen area

CALENDARS are emailed and on counter in Game Room.

SIGN-UPS & RSVPs Certain Programs & Fitness classes require signups in the Binder, these are UNDERLINED. The SIGN-UP BINDER is in the Game Room.

"RSVP w Holly" means email her your RSVP as they are timestamped To: Holly.Nagel@Greystar.com

AMENITY AREAS: Reservation Agreements are on Game Room counter, beneath calendars. Always check with Holly for availability if you're thinking of using a space. (3 hr max)

Please see Holly if you have any questions or would like to learn more.

**CALENDAR may change without notice

SUN

MON

TUE

WED

THU

FRI

SAT



EVH Giving: Collection boxes in the lobby



<p>10a Walking Laps w Holly (meet at Lobby) 10:30a Stretch Band & Sittercize</p>	<p>10a Stability & Fitness w Jen <u>1p Mexican Train</u> <u>4:30p Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>9a Coffee n Donuts <u>9a Scrabble</u> 10:30a Stretch Band & Sittercize <u>2p Phase 10</u> <u>5p Tai Chi w Peg. Must sign up in Binder</u> 7p Hand&Foot Canasta</p>	<p>10a Walking Laps w Holly 10a Cardio Fitness w Jen 11a (TH) EVH Lifestyle & Calendar Chat w Holly 1p (AR) Paint w Susie (rsvp w Holly was required) 2p Rummikub</p>	<p>10:30 Stretch Band & Sittercize 11a - 1:30p (WR/ER) Strength Training w Brianne. 4 sessions, please read carefully. <u>Must sign up in Binder.</u> 4p Gratitude Gala, Concert & Food Drive, <i>rsvp w Holly required</i> 7p Hand&Foot Canasta</p>	<p>10am Dance Fitness w Lauren 3p Farkle 7p Rummikub</p>	<p>7p (GR) "More Songs with John", byob</p>
<p>10a Walking Laps w Holly (meet at Lobby) 10:30a Stretch Band & Sittercize 12p (AR) 12p GAZETTE staff mtg</p>	<p>VETERANS 4 DAY 10a Stability & Fitness w Jen <u>1p Mexican Train</u> <u>4:30p Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>9a Coffee n Donuts <u>9a Scrabble</u> 10:30a Stretch Band & Sittercize <u>2p Phase 10</u> <u>5p Tai Chi w Peg. Must sign up in Binder</u> 7p Hand&Foot Canasta</p>	<p>10a Walking Laps w Holly 10a Cardio Fitness w Jen 3p-6p (GR) HOLIDAY MARKET</p>	<p>10:30 Stretch Band & Sittercize 11a - 1:30p (WR/ER) Strength Training w Brianne. 4 sessions, please read carefully. <u>Must sign up in Binder.</u> 1p (TH) ART TALK: American Artists at AIC 7p Hand&Foot Canasta</p>	<p>10am Dance Fitness w Lauren 3p Farkle 7p Rummikub</p>	
<p>10a Walking Laps w Holly (meet at Lobby) 10:30a Stretch Band & Sittercize</p>	<p>10a Stability & Fitness w Jen <u>1p Mexican Train</u> <u>4:30p Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>9a Coffee n Donuts <u>9a Scrabble</u> 10:30a Stretch Band & Sittercize <u>2p Phase 10</u> <u>5p Tai Chi w Peg. Must sign up in Binder</u> 7p Hand&Foot Canasta</p>	<p>10a Cardio Fitness w Jen 2p Rummikub</p>	<p>10:30 Stretch Band & Sittercize 11a - 1:30p (WR/ER) Strength Training w Brianne. 4 sessions, please read carefully. <u>Must sign up in Binder.</u> 5p Friendsgiving POTLUCK. <i>rsvp w Holly required</i> 7p Hand&Foot Canasta</p>	<p>10am Dance Fitness w Lauren 3p Farkle 7p Rummikub</p>	
<p>10a Walking Laps w Holly (meet at Lobby) 10:30a Stretch Band & Sittercize 12p (AR) 12p GAZETTE staff mtg</p>	<p>10a Stability & Fitness w Jen <u>1p Mexican Train</u> <u>4:30p Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>9a Coffee n Donuts <u>9a Scrabble</u> 10:30a Stretch Band & Sittercize <u>2p Phase 10</u> <u>5p Tai Chi w Peg. Must sign up in Binder</u> 7p Hand&Foot Canasta</p>	<p>10a Walking Laps w Holly 10a Cardio Fitness w Jen 6pm BOOK CLUB: 'Hello Beautiful' by Ann Napolitano 2p Rummikub</p>	<p>OFFICE CLOSED Happy Thanksgiving 7p Hand&Foot Canasta</p>	<p>10am Dance Fitness w Lauren 3p Farkle 7p Rummikub</p>	<p>VERLEIGH VERNON H</p>

GREYSTAR

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