



October

LEGEND

Red = RESIDENT Led Programs

Black = EVH Programs

AR=Art Room

ER=Exercise Room

WR=Weight Room

GR=Great Room

TH= Theater

DK=Demo Kitchen area

CALENDARS are emailed and on counter in Game Room.

SIGN-UPS & RSVPs: Certain Programs & Fitness classes require signups in the Binder, these are **UNDERLINED**. The **SIGN-UP BINDER** is in the Game Room. See Holly if you have any questions, it gets complicated.

AMENITY AREAS: Reservation Agreements are on Game Room counter, beneath calendars. Always check with Holly for availability if you're thinking of using a space. (3 hr max)

Please see Holly if you have any questions or would like to learn more.
**CALENDAR may change without notice

SUN	MON	TUE	WED	THU	FRI	SAT
<p>EVH Window Cleaning & Furnace Filter Replacement The week of 10/7 thru 10/11, by floor</p>		<p>1</p> <p>9a Coffee n Donuts 9a Scrabble 10:30a RES LED Stretch Band & Sittercize 2p Phase 10 3p MOVIE 7p Hand&Foot Canasta</p>	<p>2</p> <p>10a-1p Hearing Test Clinic, must sign up with Holly, free 10a Walking Laps w Holly 10a Cardio Fitness w Jen 2p Rummikub 3p MOVIE</p>	<p>3</p> <p>10a Mahjong 10:30 Stretch Band & Sittercize 11a (TH) Tech Talk w Ro 11a (WR/ER) Strength Training w Brienne. <u>Must sign up in Binder.</u> 3p MOVIE 7p Hand&Foot Canasta</p>	<p>4</p> <p>10am Dance Fitness w Lauren 3p MOVIE 3p Farkle 7p Rummikub</p>	<p>5</p> <p>3p MOVIE</p>
<p>6</p> <p>10a Walking Laps w Holly 10:30a Stretch Band & Sittercize 3p MOVIE:</p>	<p>7</p> <p>10a Stability & Fitness w Jen 1p Mexican Train 3p MOVIE 4:30p <u>Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>8</p> <p>9a Coffee n Donuts 9a Scrabble 10:30a Stretch Band & Sittercize 2p Phase 10 3p MOVIE 7p Hand&Foot Canasta</p>	<p>9</p> <p>10a Walking Laps w Holly 10a Cardio Fitness w Jen 2p Rummikub 4:30p Oktoberfest Happy Hour</p>	<p>10</p> <p>10a Mahjong 10:30 Stretch Band & Sittercize 11a (TH) LCPFD Lecture: Owls 11a (WR/ER) Strength Training w Brienne. <u>Must sign up in Binder.</u> 3p MOVIE 7p Hand&Foot Canasta</p>	<p>11</p> <p>10am Dance Fitness w Lauren 3p MOVIE 3p Farkle 7p Rummikub</p>	<p>12</p> <p>3p MOVIE</p>
<p>13</p> <p>10:30a Resident Led: Stretch Band & Sittercize 12p (AR) 12p GAZETTE staff 3p MOVIE:</p>	<p>14</p> <p>10a Stability & Fitness w Jen 1p Mexican Train 3p MOVIE 4:30p <u>Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>15</p> <p>9a Coffee n Donuts 9a Scrabble 10:30a Stretch Band & Sittercize 2p Phase 10 3p MOVIE 5p Tai Chi w Peg. <u>Must sign up in Binder</u> 7p Hand&Foot Canasta</p>	<p>16</p> <p>10a Outing & Lunch, Long Grove Chocolate Factory, space limited must rsvp with Holly by 10/7 for group rate & prepay, (Meet there) 10a Cardio Fitness w Jen 2p Rummikub 3p MOVIE</p>	<p>17</p> <p>10a Mahjong 10:30 Stretch Band & Sittercize 11a (TH) Tech Talk w Ro 11a (WR/ER) Strength Training w Brienne. <u>Must sign up in Binder.</u> 1p (Th) Medicare Seminar. <u>Must sign up in binder.</u> 3p MOVIE 7p Hand&Foot Canasta</p>	<p>18</p> <p>10am Dance Fitness w Lauren 3p MOVIE 3p Farkle 7p Rummikub</p>	<p>19</p> <p>3p MOVIE</p>
<p>20</p> <p>10a Walking Laps w Holly 10:30a Stretch Band & Sittercize 3p MOVIE:</p>	<p>21</p> <p>10a Stability & Fitness w Jen 1p Mexican Train 3p MOVIE 4:30p <u>Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>22</p> <p>9a Coffee n Donuts 9a Scrabble 10:30a Stretch Band & Sittercize 2p Phase 10 3p MOVIE 5p Tai Chi w Peg. <u>Must sign up in Binder</u> 5p Fall Fest Happy Hour: <u>Bring a Friend referral</u> 7p Hand&Foot Canasta</p>	<p>23</p> <p>10a Walking Laps w Holly 10a Cardio Fitness w Jen 2p (TH) Art Talk: John Singer Sargent 2p Rummikub 3p MOVIE</p>	<p>24</p> <p>10a Mahjong 10:30 Stretch Band & Sittercize 11a (TH) Tech Talk w Ro 11a (WR/ER) Strength Training w Brienne. <u>Must sign up in Binder.</u> 3p MOVIE 6p (AR) Book Club: "The Heaven & Earth Grocery Store", by James McBride 7p Hand&Foot Canasta</p>	<p>25</p> <p>10am Dance Fitness w Lauren 3p MOVIE 3p Farkle 7p Rummikub</p>	<p>26</p> <p>3p MOVIE</p>
<p>27</p> <p>10a Walking Laps w Holly 10:30a Stretch Band & Sittercize 12p (AR) 12p GAZETTE staff 3p MOVIE:</p>	<p>28</p> <p>10a Stability & Fitness w Jen 1p Mexican Train 3p MOVIE 4:30p <u>Gentle Yoga w Stephanie. Must sign up in Binder.</u> 7p Bridge</p>	<p>29</p> <p>9a Coffee n Donuts 9a Scrabble 10:30a Stretch Band & Sittercize 2p Phase 10 3p MOVIE 4-6pm Boo Bash Happy Hour 5p Tai Chi w Peg. <u>Must sign up in Binder</u> 7p Hand&Foot Canasta</p>	<p>30</p> <p>10a Walking Laps w Holly 10a Cardio Fitness w Jen 1p (TH) Fraud Prevention Seminar w BCU, must sign up in binder 2p Rummikub 3p MOVIE</p>	<p>31</p> <p>10a Mahjong 10:30 Stretch Band & Sittercize 11a (TH) Tech Talk w Ro 11a Strength Training w Brienne. <u>Must sign up in Binder.</u> 3p MOVIE 7p Hand&Foot Canasta</p>		

GREYSTAR

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EVERLEIGH™
— VERNON HILLS